Fall College Retreat 2022

The Joy of Full Salvation *Ephesians 2:1-10 (NASB)*

Friday PM: The Joy of Full Salvation

- 1. The plight of man:
 - a. Dead in trespasses and sins
 - i. Ephesians 2:1 And you were dead in your trespasses and sins,
 - b. Walking according to the course of the world
 - i. Eph. 2:2a in which you formerly walked according to the course of this world,
 - c. Walking according to Satan and his kingdom
 - i. Eph. 2:2b according to the prince of the power of the air, of the spirit that is now working in the sons of disobedience.
 - d. Living in the lusts of the flesh, indulging both the flesh and the mind
 - i. Eph. 2:3a Among them we too all formerly lived in the lusts of our flesh, indulging the desires of the flesh and of the mind,
 - e. Children of wrath by nature
 - i. Eph. 2:3b and were by nature children of wrath, even as the rest.
- 2. The salvation of God:
 - a. God being rich in mercy
 - i. Eph. 2:4a But God, being rich in mercy,
 - b. God acting because of His love
 - i. Eph. 2:4b because of His great love with which He loved us,
 - c. Made alive, raised, seated
 - i. Eph. 2:5 even when we were dead in our transgressions, made us alive together with Christ (by grace you have been saved), 6 and raised us up with Him, and seated us with Him in the heavenly places in Christ Jesus, 7 so that in the ages to come He might show the surpassing riches of His grace in kindness toward us in Christ Jesus. 8 For by grace you have been saved through faith; and that not of yourselves, it is the gift of God; 9 not as a result of works, so that no one may boast.
- 3. The result: being His workmanship and walking in good works
 - a. Eph. 2:10 For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand so that we would walk in them.
 - i. Workmanship poiema
 - 1. Rom 1:20 For his invisible attributes, namely, his eternal power and divine nature, have been clearly perceived, ever since the creation of the world, in the things that have been made. So they are without excuse.

2. 2 Cor. 5:17 (ESV) Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.

Saturday AM (1): Saved from Death

- 1. Being spiritually dead before God
 - i. Ephesians 2:2 And you were dead in your trespasses and sins,
 - ii. 1 Timothy 5:6 But she who gives herself to wanton pleasure is dead even while she lives.

b. Death is the state of man from Adam onward

- i. Genesis 2:17 But from the tree of the knowledge of good and evil you shall not eat, for in the day that you eat from it you will surely die.
- ii. Romans 5:12 Therefore, just as through one man sin entered into the world, and death through sin, and so death spread to all men, because all sinned—

c. The dead are unresponsive to God

- i. Eph. 4:18 being darkened in their understanding, excluded from the life of God because of the ignorance that is in them, because of the hardness of their heart;
- ii. Psalm 115:17 The dead do not praise the LORD, Nor do any who go down into silence;

2. God made us alive together with Christ

a. Eph. 2:5 [God]... made us alive together with Christ (by grace you have been saved),

3. Life and spirit

- a. Christ and the Spirit give life
 - i. John 10:10 I came that they may have life, and have it abundantly.
 - ii. John 6:63 It is the Spirit who gives life; the flesh profits nothing; the words that I have spoken to you are spirit and are life.

b. Christ is our life

i. Colossians 3:3 For you have died and your life is hidden with Christ in God. 4 When Christ, who is our life, is revealed, then you also will be revealed with Him in glory.

c. Life is accessible by the Spirit

i. 1 Corinthians 15:45 So also it is written, "The first man, Adam, became a living soul." The last Adam became a life-giving spirit.

d. The Spirit in our spirit brings us life

- i. Rom. 8:10 If Christ is in you, though the body is dead because of sin, yet the spirit is alive because of righteousness. 11 But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ Jesus from the dead will also give life to your mortal bodies through His Spirit who dwells in you.
- e. We are body, soul, and spirit

- i. 1 Thessalonians 5:23 Now may the God of peace Himself sanctify you entirely; and may your spirit and soul and body be preserved complete, without blame at the coming of our Lord Jesus Christ.
- f. We who are joined to the Lord are one spirit
 - i. 1 Corinthians 6:17 (NKJV) But he who is joined to the Lord is one spirit with Him.

4. Application

- a. Present ourselves to God as those alive from the dead
 - i. Romans 6:13 and do not go on presenting the members of your body to sin as instruments of unrighteousness; but present yourselves to God as those alive from the dead, and your members as instruments of righteousness to God.
- b. Sow to the Spirit
 - i. Galatians 6:8 For the one who sows to his own flesh will from the flesh reap corruption, but the one who sows to the Spirit will from the Spirit reap eternal life.
- c. Love the brothers
 - i. 1 John 3:14 We know that we have passed out of death into life, because we love the brethren. He who does not love abides in death.

Saturday AM (2): Saved from Trespasses & Sins

- 1. We were dead in our trespasses and sins
 - a. Ephesians 2:1-2a And you were dead in your trespasses and sins, in which you formerly walked...
- 2. Our iniquities and sins separate us from God, and we store up wrath for ourselves
 - a. Isaiah 59:1 Behold, the Lord's hand is not so short

That it cannot save;

Nor is His ear so dull

That it cannot hear.

2 But your iniquities have made a separation between you and your God,

And your sins have hidden His face from you so that He does not hear.

. . .

18 According to their deeds, so He will repay,

Wrath to His adversaries, recompense to His enemies;

To the coastlands He will make recompense.

- b. Romans 2:5 But because of your stubbornness and unrepentant heart you are storing up wrath for yourself in the day of wrath and revelation of the righteous judgment of God, 6 who will render to each person according to his deeds:
- 3. We have redemption through his blood, the forgiveness of our trespasses and sins

- a. Ephesians 1:7 In Him we have redemption through His blood, the forgiveness of our trespasses, according to the riches of His grace
- b. Colossians 1:14 in whom we have redemption, the forgiveness of sins.
- c. Romans 3:24 being justified as a gift by His grace through the redemption which is in Christ Jesus; 25 whom God displayed publicly as a propitiation in His blood through faith. This was to demonstrate His righteousness, because in the forbearance of God He passed over the sins previously committed;

4. Hearts being cleansed by faith

- a. Mark 2:5 And Jesus seeing their faith said to the paralytic, "Son, your sins are forgiven."
- b. Acts 15:9 and He made no distinction between us and them, cleansing their hearts by faith.
- c. 1 John 1:9 If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.
- d. Psalm 32:3 When I kept silent about my sin, my body wasted away Through my groaning all day long.
 - 4 For day and night Your hand was heavy upon me;

My vitality was drained away as with the fever heat of summer. Selah.

5 I acknowledged my sin to You,

And my iniquity I did not hide;

I said, "I will confess my transgressions to the Lord";

And You forgave the guilt of my sin. Selah.

5. Application

a. Get up and walk

i. Mark 2:10 But so that you may know that the Son of Man has authority on earth to forgive sins"—He said to the paralytic, 11 "I say to you, get up, pick up your pallet and go home."

b. Present your members as instruments of righteousness

i. Romans 6:12 Therefore do not let sin reign in your mortal body so that you obey its lusts, 13 and do not go on presenting the members of your body to sin as instruments of unrighteousness; but present yourselves to God as those alive from the dead, and your members as instruments of righteousness to God.

c. Forgiveness \rightarrow Love

i. Luke 7:47 For this reason I say to you, her sins, which are many, have been forgiven, for she loved much; but he who is forgiven little, loves little."

Saturday PM: Saved from the World

- 1. We all follow the course of this world
 - a. Ephesians 2:2a in which you formerly walked according to the course of this world,
 - b. The world has a sinful aspect, a religious aspect, and a material aspect; all of it is under Satan's power
 - i. Romans 5:12 Therefore, just as through one man sin entered into the world, and death through sin, and so death spread to all men, because all sinned—
 - ii. Galatians 1:4 who gave Himself for our sins so that He might rescue us from this present evil age, according to the will of our God and Father,
 - iii. 1 John 2:15 Do not love the world nor the things in the world. If anyone loves the world, the love of the Father is not in him. 16 For all that is in the world, the lust of the flesh and the lust of the eyes and the boastful pride of life, is not from the Father, but is from the world. 17 The world is passing away, and also its lusts; but the one who does the will of God lives forever.
 - iv. 1 John 5:19 We know that we are of God, and that the whole world lies in the power of the evil one.
 - c. We were chosen out of the world & overcome the world
 - i. John 15:19 If you were of the world, the world would love its own; but because you are not of the world, but I chose you out of the world, because of this the world hates you.
 - ii. 1 John 5:4 For whatever is born of God overcomes the world; and this is the victory that has overcome the world—our faith. 5 Who is the one who overcomes the world, but he who believes that Jesus is the Son of God?
 - d. Jesus doesn't ask that we are removed from world, but that we would be kept from the evil one
 - i. John 17:15 I do not ask You to take them out of the world, but to keep them from the evil one.
- 2. God's provision for our deliverance from the power of the world
 - a. Sinful world: crucified
 - i. Romans 6:5 For if we have become united with Him in the likeness of His death, certainly we shall also be in the likeness of His resurrection, 6 knowing this, that our old self was crucified with Him, in order that our body of sin might be done away with, so that we would no longer be slaves to sin; 7 for he who has died is freed from sin.
 - ii. Galatians 5:24 Now those who belong to Christ Jesus have crucified the flesh with its passions and desires.
 - b. Religious world: crucified
 - i. Galatians 6:14 But may it never be that I would boast, except in the cross of our Lord Jesus Christ, through which the world has been crucified to me, and I to the world.

- ii. Galatians 2:19 For through the Law I died to the Law, so that I might live to God. 20 I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself up for me.
- c. Material world: you decide what is more valuable
 - i. The New Testament commands us, "Do not love the world" and reasons with us that the world is passing away
 - 1. 1 John 2:15 Do not love the world nor the things in the world. If anyone loves the world, the love of the Father is not in him. 16 For all that is in the world, the lust of the flesh and the lust of the eyes and the boastful pride of life, is not from the Father, but is from the world.
 - ii. You can only have one master; where your treasure is, there will your heart be also
 - 1. Matthew 6:19 "Do not store up for yourselves treasures on earth, where moth and rust destroy, and where thieves break in and steal. 20 But store up for yourselves treasures in heaven, where neither moth nor rust destroys, and where thieves do not break in or steal; 21 for where your treasure is, there your heart will be also. 22 "The eye is the lamp of the body; so then if your eye is clear, your whole body will be full of light. 23 But if your eye is bad, your whole body will be full of darkness. If then the light that is in you is darkness, how great is the darkness! 24 "No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to one and despise the other. You cannot serve God and wealth.

Sunday AM (1): Saved from the Prince of the Power of the Air

- 1. There is a prince of the power of the air
 - a. Ephesians 2:2 in which you formerly walked according to the course of this world, according to the prince of the power of the air, of the spirit that is now working in the sons of disobedience.
 - b. Ephesians 6:12 For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places.
- 2. We have the armor of God
 - a. We are in a spiritual battle
 - i. Ephesians 6:10 Finally, be strong in the Lord and in his mighty power. 11 Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil. 12 For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness,

against the spiritual forces of wickedness in the heavenly places. 13 Therefore, take up the full armor of God, so that you will be able to resist on the evil day, and having done everything, to stand firm. 14 Stand firm therefore, having belted your waist with truth, and having put on the breastplate of righteousness, 15 and having strapped on your feet the preparation of the gospel of peace; 16 in addition to all, taking up the shield of faith with which you will be able to extinguish all the flaming arrows of the evil one. 17 And take the helmet of salvation and the sword of the Spirit, which is the word of God.

b. We stand in the victory of the Lord

- i. 2 Chronicles 20:15b 'Do not fear or be dismayed because of this great multitude, for the battle is not yours but God's… 17 You need not fight in this battle; station yourselves, stand and see the salvation of the Lord on your behalf, O Judah and Jerusalem.' Do not fear or be dismayed; tomorrow go out to face them, for the Lord is with you."
- ii. Romans 8:37 But in all these things we overwhelmingly conquer through Him who loved us.

c. Belt your waist with truth

i. Colossians 3:16a Let the word of Christ dwell richly within you

d. Put on the breastplate of righteousness

- i. Revelation 12:11 And they overcame him because of the blood of the Lamb and because of the word of their testimony, and they did not love their life even when faced with death.
- ii. Ephesians 4:24 and put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth.

e. Strap to your feet the preparation of gospel of peace

- i. Romans 5:1 Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ,
- ii. Romans 10:14 How then will they call on Him in whom they have not believed? How will they believe in Him whom they have not heard? And how will they hear without a preacher? 15 How will they preach unless they are sent? Just as it is written, "How beautiful are the feet of those who bring good news of good things!"

f. Take up the shield of faith

i. 2 Corinthians 5:7 for we walk by faith, not by sight—

g. Take the helmet of salvation

i. 1 Peter 1:3 Blessed be the God and Father of our Lord Jesus Christ, who according to His great mercy has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead, 4 to obtain an inheritance which is imperishable and undefiled and will not fade away,

reserved in heaven for you, 5 who are protected by the power of God through faith for a salvation ready to be revealed in the last time.

h. Take the sword of the Spirit, which is the word of God

- i. Acts 4:8 Then Peter, filled with the Holy Spirit, said to them, "Rulers and elders of the people,
- ii. 2 Thessalonians 2:8 Then that lawless one will be revealed whom the Lord will slay with the breath of His mouth and bring to an end by the appearance of His coming;

3. A few words on anxiety & depression

a. When I feel inadequate, worthless

b. Psalm 139:1 O Lord, You have searched me and known me.

2 You know when I sit down and when I rise up;

You understand my thought from afar.

3 You scrutinize my path and my lying down,

And are intimately acquainted with all my ways.

4 Even before there is a word on my tongue,

Behold, O Lord, You know it all.

5 You have enclosed me behind and before,

And laid Your hand upon me.

c. When I feel hopeless, uncertain about my future

i. Luke 12:22 And He said to His disciples, "For this reason I say to you, do not worry about your life, as to what you will eat; nor for your body, as to what you will put on. 23 For life is more than food, and the body more than clothing. 24 Consider the ravens, for they neither sow nor reap; they have no storeroom nor barn, and yet God feeds them; how much more valuable you are than the birds! 25 And which of you by worrying can add a single hour to his life's span? 26 If then you cannot do even a very little thing, why do you worry about other matters?... 29 And do not seek what you will eat and what you will drink, and do not keep worrying. 30 For all these things the nations of the world eagerly seek; but your Father knows that you need these things. 31 But seek His kingdom, and these things will be added to you. 32 Do not be afraid, little flock, for your Father has chosen gladly to give you the kingdom.

d. When I feel alone, rejected

- i. Mark 10:45 For even the Son of Man did not come to be served, but to serve, and to give His life a ransom for many."
- ii. Hebrews 6:10 For God is not unjust so as to forget your work and the love which you have shown toward His name, in having ministered and in still ministering to the saints.
- e. Let your requests be made known to God; the peace of God will guard your hearts and minds in Christ Jesus.

i. Philippians 4:6 Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

Sunday AM (2): Saved to be a Masterpiece for Good Works

- 1. We are God's workmanship created in Christ Jesus
 - a. Ephesians 2:10 For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand so that we would walk in them.
 - b. Workmanship (masterpiece): poiema
 - i. God's masterpiece is created by God's marvelous working
 - 1. Ephesians 2:5 even when we were dead in our transgressions, made us alive together with Christ (by grace you have been saved), 6 and raised us up with Him, and seated us with Him in the heavenly places in Christ Jesus,
 - ii. God's masterpiece is part of His grand plan to display His grace to the universe
 - 1. His masterpiece shows the riches of His grace
 - a. Ephesians 2:7 so that in the ages to come He might show the surpassing riches of His grace in kindness toward us in Christ Jesus.
 - 2. His masterpiece shows salvation by His grace, which is entirely God's work
 - a. Ephesians 2:8 For by grace you have been saved through faith; and that not of yourselves, it is the gift of God; 9 not as a result of works, so that no one may boast.
- 2. God makes us His masterpiece so that we may walk in good works
 - a. We are not saved by good works. However, the saved person works.
 - b. These works are prepared by God beforehand.
 - c. God's masterpiece walks in the good works God prepares.
- 3. God's full salvation frees us to walk in His good works
 - a. We are made alive, freed from death, so that we may live out the works God has prepared.
 - b. We are forgiven, delivered from our sins and trespasses, so we may freely serve God.
 - c. We are made dead to the world, so that we can be freed from worldly occupations and pick up God's occupation.
 - d. We are delivered from Satan's authority and dominion, so that we can serve in the kingdom of God.
- 4. We are His masterpiece, created in Christ Jesus for the good works God has prepared.